



## Sandwich making 101



Thank you for signing up to bring sandwiches to the Day Center! We're grateful for your partnership. If you haven't done this before here are some quick tips on ways that we've found works well.

**Bread:** whenever possible we ask that you use wheat bread instead of white bread.

**Types:** Turkey, ham, roast beef, other deli meat of your choice. If you want to throw some cheese on there go for it! If you want to add lettuce, tomato, onion etc. please bag those separately, as the sandwiches can get soggy if they aren't eaten right away. Same thing goes for condiments; if you want to provide them, the little individual packs are best. However, we have many condiments at our shelter, so if you need to skip this rest assured they'll be ok.

Alternatively, you can go simple and do peanut butter and jam. Either way is ok!

**Want to go all out?** We're happy to take small lunches with a piece of fruit, bag of chips, a small cookie. A good thing to keep in mind is that soft fruit is easier to eat than hard fruit for our guys who might not have great teeth. And while cookies are fun, please keep them small, our guys get access to a lot of sugar!

**Delivery:** We can accept sandwich drop offs at our shelter from 9:00AM – 2:00PM Sunday – Thursday. Our shelter is located at the Lincoln Center Office Park 515 116<sup>th</sup> Ave NE Bellevue WA 98004. If you need to deliver outside of this time window email or call Sarah (contact info below). We love it if you're able to bag them, but we can take trays to hand out as well!

**That about does it!** If you have more questions please don't hesitate to **contact** Sarah: [sarahb@cfhomeless.org](mailto:sarahb@cfhomeless.org) or 425-502-6105.

### **Directions to the Lincoln Center:**

Lincoln Center Office Park 515 116th Ave NE Bellevue WA 98004. The building is located just off 116th across the street from the Chevrolet of Bellevue car dealership. Turn off of 116th into a parking lot, and head west, all the way to the back. You will see a gray building in front of you that looks a bit like a small older office complex. I highly recommend looking at it on [Google Maps satellite view](#). Enter the courtyard and you will see a gray metal door to your right. This is the entrance to the Day Center.